



Living Life above the Fray -A Different Kind of Peace

Scripture – John 16:25-33 (NLT)

The word **Fray** as defined by Merriam-Webster’s dictionary is:

“a usually disorderly or protracted fight, **struggle**, or dispute...”

- Every one of us has “life issues” happen that tends to rob us of our peace and drags us into the Fray of life.
- As believers, we’re called to live above the circumstances; we’re called to *live above the fray*

As believers, we think somehow that God has to explain whatever we're going through and that then we'll feel secure. Our peace wants to rest upon a certain knowledge of what is happening.

Jesus said to them - And I say this to you in order that you might know the kind of peace I have. It is not based on what happens, or even on my understanding of what happens, but upon a trust in the One who controls what happens. I say this to you, that in Me you may have peace. In the world you're going to have trouble because that is the way this world is. But be of good cheer. I have overcome the world.

You can have my peace, Jesus says, my sense of security, which rests **not** in the circumstances, **not** in the understanding of the circumstances that we so crave, but in a confidence that the One who is guiding the circumstances knows what He is doing. That is where this kind of peace comes from.

How then do we live above the fray?

As believers in Jesus, it all comes down to trusting in the truth and certainty of the good news and the finished work of Christ at the cross.

Some Practical steps to living above the Fray

- ✓ Remember that the fray is not unique or isolated to you. 1 Corinthians 10:13 (NLT)
- ✓ Resist Guilt or Condemnation. John 9:1-3 (NLT)
- ✓ Focus on The Sovereignty of Christ. Psalm 90:1-2(AMP)
- ✓ Focus on God’s Faithfulness. Psalm 100:5 (NASB); Isaiah 43:2
- ✓ Remember that the situation has an expiration date. 2 Corinthians 4:17
- ✓ Think on His Care and His Love for us. John 3:16; Mathew 6:25
- ✓ Anticipate a good outcome. Habakkuk 2:1-2; Job 14:14b